

# 2020 International Conference of the Korean Society of Exercise Physiology

## 2020년 한국운동생리학회 정기국제학술대회 및 총회

*- Feature Spectrum of Health Promotion and Exercise Physiology -*

- Date: 09:00-18:00, August 21<sup>st</sup> (Friday), 2020
- Place: Seoul National University (bldg. #71-1)
- Host: Institute of Sports & Arts Convergence, Inha University
- Supervision: Korean Society of Exercise Physiology (KSEP)
- Sponsor: Korean Studies Information (KSI) Co.
- Meeting: Off-line & On-line





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## 사전등록 신청서 (Early-bird registration)

사전등록방법: 사전등록신청서 e-mail 제출 및 등록비 입금

- 사전등록비 입금정보: KEB하나은행, 748-910008-57904 (예금주: 한국운동생리학회)
- 사전등록신청서 제출: exephysio1@hanmail.net

성명		소속 (학교/기관)		연락처		참가 구분 (해당란에 O표)			
국문명	영문명	국문명	영문명	핸드폰	e-mail	학술대회			
						교수	대학원생	정회원	비회원

### ■ 학술대회 (Symposium & Free Communication) 등록비

구분	1차 등록 (2020. 7. 31 까지)		2차 등록 (2020. 8. 16 까지)		현장 등록 (2020. 8. 17 이후)	
대학원생	정회원	30,000원	정회원	40,000원	정회원	50,000원
	비회원	40,000원	비회원	50,000원	비회원	60,000원
교수	정회원	70,000원	정회원	80,000원	정회원	100,000원
	비회원	90,000원	비회원	100,000원	비회원	120,000원



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- Feature Spectrum of Health Promotion and Exercise Physiology -

Seoul National University, Aug 21<sup>st</sup>, 2020

Room 1. <b>Symposium</b> (Building #71-1, Room #206)		Room 2. <b>Free Communication</b> (Building #71-1, Room #213)	
Modulator: Ji-Seok Kim (Gyeongsang Nat'l Univ.)		Modulator: Tae-Kyung Han (Andong Nat'l Univ.)	
<b>Registration &amp; Reception</b>			
09:00-10:00			
10:00-10:05 Plenary Lecture Chair: Wook Song (Seoul Nat'l Univ.) & Seung-Soo Baek (Sangmyung Univ.)			
10:05-10:50 <b>Plenary Lecture.</b> Dong-Ho Park (Inha Univ.) Effects of lactate and beta-hydroxybutyrate induced by ketogenic exercise on fat browning.			
10:50-10:55 <b>Symposium 1. Return to Play</b> Chair: Jung-Jun Park (Pusan Nat'l Univ.) & Deogjo Jung (Seowon Univ.)		10:50-10:55 <b>Free Communication 1. Professor session</b> Chair: Hyun-Tae Park (Dong-A Univ.) & Kijeong Kim (Univ. of Ulsan)	
10:55-11:15	1. Jihong Park (Kyung Hee Univ.) Knee joint pathologies: consequence, treatment, and return.	10:55-11:15	10. Kwangseok Hong (Chung-Ang Univ.) Novel regulation of myogenic vasoconstriction in the microcirculation.
11:15-11:35	2. Hyung-Pil Jun (Dong-A Univ.) Return to play? My-turn to play!	11:15-11:35	11. Tae-Woon Kim (Sangmyung Univ.) Exercise and Alzheimer's Disease: New approach methods.
11:35-11:55	3. Youngju Choi (Inha Univ.) Sleep and Athletic performance.	11:35-11:55	12. Kyeongho Byun (Incheon Nat'l Univ.) Exercise and Human Brain Function.
11:55-13:00 <b>Luncheon Seminar</b>			
13:00-13:30 <b>E-posters &amp; Printed posters.</b> (Building #71-1, Room #209 & #214) Modulators: Hyo Youl Moon (Seoul Nat'l Univ.) / Room #209: Eun Wook Chang (Inha Univ.), Tae-Woon Kim (Sangmyung Univ.), Jinkyung Cho (Inha Univ.) / Room #214: Eun-Ju Choi (Daegu Catholic Univ.), Chansol Hurr (Jeonbuk Nat'l Univ.), Seung Kyum Kim (Seoul Nat'l Univ. of Science and Technology)			
<b>Roundtables.</b> (Building #71-1, Room #210) Modulators: Chang-Sun Kim (Dongduck Women's Univ.), Seung-Soo Baek (Sangmyung Univ.), Hyun-Tae Park (Dong-A Univ.), Ji-Seok Kim (Gyeongsang Nat'l Univ.), Min Chul Lee (CHA Univ.), Kyeongho Byun (Incheon Nat'l Univ.)			
13:30-13:45 <b>Opening Ceremony</b>			

<p align="center"><b>2020 Korean Society of Exercise Physiology (KSEP)'s Annual Meeting</b></p> <p align="center"><b>- 2020년 한국운동생리학회 정기총회 -</b></p> <p align="center">18대 한국운동생리학회회장 선출 및 후보자 정견발표(투표시간: 14:30-16:30, 투표장소: 206호 앞 로비)</p>			
13:45-14:30			
14:30-14:35	<b>Symposium 2. Exercise and Sarcopenia</b> Chair: Joon-Yong Cho (Korea Nat'l Sport Univ.) & Hyo Bum Kwak (Inha Univ.)	14:30-14:35	<b>Free Communication 2. Grad-students session</b> Chair: Kyeong Lae Kim (Korea Nat'l Univ. of Education) & Sang-Ki Lee (Chungnam Nat'l Univ.)
14:35-15:00	4. Young-Min Park (Incheon Nat'l Univ.) Sarcopenia, Menopause, and Physical Activity in Women.	14:35-14:50	13. Da-Sol Park (CHA Univ.) Effects of warm-up intensity on energy contribution and performance during 100 m sprint in youth sprinters.
15:00-15:25	5. Il-Young Kim (Gacheon Univ.) Understandingskeletal muscle protein dynamics: Technical considerations for advancing sarcopenia research.	14:50-15:05	14. Yeonhwi Kim (Incheon Nat'l Univ.) The difference and correlation between cardiovascular•muscular skeletal disease risk factors and skeletal muscle mass in middle-aged men.
15:25-15:50	*On-line Lecture 6. Young Charles Jang (Georgia Institute of Technology, USA) Integrative stem cell engineering approaches torejuvenate aging muscle.	15:05-15:20	15. Seunghee Lee (Kyung Hee Univ.) Voluntary and involuntary warm-up on muscle temperature and athletic performance.
15:50-16:10	<b>Coffee Break</b>	15:20-15:35	16. Seung-Bo Park (CHA Univ.) Energy system demands and indoor physical activity in specific age groups during exergames.
16:10-16:15	<b>Symposium 3. Exercise and Life Span</b> Chair: Changsun Kim (Dongduk Women's Univ.) & Hong-Sun Song (Korea Institute of Sport Science)	15:35-15:50	17. Jeong Min Park (Chungnam Nat'l Univ.) Effect of differences in water intake before diving on bubble formation after diving and recovery.
16:15-16:35	7. Saejong Park (Korea Institute of Sports Science) Korea National Fitness Awards Performance Standards Updates.	15:50-16:10	<b>Coffee Break</b>
16:40-17:00	8. Soo Hyun Park (Korea Institute of Sport Science) Reference value of relative handgrip strength associated with metabolic syndrome in Korean adults.	16:10-16:15	<b>Free Communication 3. Grad-students session</b> Chair: Ho-Seong Lee (Dankook Univ.) & Sewon Lee (Incheon Nat'l Univ.)
17:00-18:00	<p align="center"><b>Closing (차기회장 선거 개표 결과 발표)</b></p>		